

REGIONAL MANAGEMENT GROUP MEETING

Date: December 14, 2012

Time: 9:00 a.m.

Attendees: Tom Geib, George Braunstein, Cindy Kemp, Joe Wilson, Mike Gilmore, Mark Diorio, Melissa Preston, John Beghtol, Margaret Graham, Cindy Koshatka, Lyanne Trumbull, Tom Young, Candace Butler, Heidi Dix (via phone 10:00-10:30 am).

Absent: Jim Newton, Kathy Drumright

Recorders: Cindy Koshatka, Lyanne Trumbull

Call to Order: T. Geib called the meeting to order at 9:00 a.m.

Notes: Notes from October 26, 2012 meeting were signed.

Handouts: Agenda, RMG Meeting Notes (October 26, 2012), Regional Utilization Management Report, FY13 HPR II Regional Funds Budget Status, LIPOS Budget Projections, Emergency Services Face-to-Face Crisis Evaluation Questionnaire.

TOPIC	DISCUSSION	REC/ACTIONS	RESPONSI -BLE PARTY	FOLLOW -UP DATE
NVMHI Updates	<ul style="list-style-type: none"> One-half of F unit cannot be re-opened until the roofing project has been completed. Contract issues may delay the opening until May 2013. F unit has 23 admission beds at this time. Census = 120 today; 37 are NGRI consumers Bed holds of 3-6 each day reduce bed capacity at NVMHI. Expansion into the now closed F unit will provide more rooms so bed holds will not reduce capacity. 			
WSH Updates	<ul style="list-style-type: none"> EBL=17; none from HPR II Transfers to NVMHI are smooth WSH will move to the new building on 9/17/13 New building has 29 persons per unit; 30 classrooms, multimedia center. 	RMG requested to have one of their meetings at the new hospital next fall.		Oct 2013
Piedmont Updates	<ul style="list-style-type: none"> Piedmont Geriatric Hospital requested a meeting with our region to discuss discharge issues. Meeting has been scheduled for January 30 at 1:00 in Chantilly HPR I would like to join us for this meeting 	Talk to HPR I about their concerns	C. Koshatka	ASAP
CSU Updates	<ul style="list-style-type: none"> Community Residences has signed the contract. They are considering purchase of a home on Route 1 in Fairfax county. Estimated date of availability is April 2013. 			

REGIONAL MANAGEMENT GROUP MEETING

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CSB Projects	<p>OIG/DAP Survey: EDs received a letter requesting verification of the DAP costs sent from their CSB.</p> <p>Emergency Services Survey: Emergency Managers have seen this 52 question survey that is a replication of the 2007 survey. Expected implementation date is the month of March.</p> <p>Encryption: HPR II is purchasing Entrust digital certificates for Loudoun and Alexandria CSBs. Prince William CSB is not having success with Symantec. Arlington CSB purchased digital certificates. Fairfax-FC CSB has Verisign digital certificates but IT needs to activate them.</p> <p>Health Innovation Survey: Fairfax-FC CSB has submitted several innovative programs.</p>	<p>Talk to L. Oliveri re: digital certificates for PW CSB.</p> <p>Talk to M. Toole re: the status of their digital certificates.</p> <p>Submit integrated healthcare description created for VACSB Annual Report on behalf of region</p>	<p>C. Koshatka</p> <p>C. Koshatka</p> <p>C. Koshatka</p>	<p>ASAP</p> <p>ASAP</p> <p>Today</p>
START	<ul style="list-style-type: none"> Licensure approved our program last week. START Coordinators can now start seeing consumers. Residential facility is expected to become licensed in mid-January 2013. CRT funding will migrate to Easter Seals so that outpatient medication clinic can be available for consumers in crisis but not needing to be served in the residential facility. START in Region 3 is fully operational and all beds are filled. DBHDS is responding to SIRS database problems Governor's Budget is expected to include additional START funding, including funding to serve youth. 	<p>Amendment to START contract is being drafted.</p>	<p>C. Butler, L. Trumbull</p>	<p>Jan 2013</p>
ID Updates	<p>Case management guidelines:</p> <ul style="list-style-type: none"> Concerns expressed about increased frequency of face to face assessments (30 days) and increased number of triggering conditions. How do CSBs hold providers accountable? Licensure is updating guidelines annually, and CSB input is welcomed. Fairfax-FC CSB is completing an analysis of impact of new guidelines. Virginia has the second highest case management rate in the country so rate is not likely to change. <p>Medicaid waiver rates:</p> <ul style="list-style-type: none"> DBHDS has short term solution regarding waiver rates: Develop exceptional rates for those with exceptional needs. DBHDS will work with consultant on restructure of the wavier rates 	<p>CSBs will need more staff to meet these new mandates.</p>		

REGIONAL MANAGEMENT GROUP MEETING

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ID Updates (contd)	<p>Data analysis meeting with DBHDS: ID Directors have responded to questions from DBHDS; questions were more process questions, not requests for more data analysis.</p> <p>Quarterly meetings with RMG and DBHDS: DBHDS requested quarterly meetings to review DOJ and DD issues. H. Dix and O. Garland will attend with Commissioner Stewart attending as available. 2 hour meeting the fourth Friday of the month: March, June, Sept and Dec.</p> <p>MH/ID MOA: Revision has been made to accommodate addition of START.</p> <p>DOJ Updates:</p> <ul style="list-style-type: none"> • Governor's budget includes funding for exceptional rates and START for youth. • Independent reviewer report for 3/6/12-10/6/12 was positive. • DBHDS report to the General Assembly is on DBHDS web site. • Proposed legislation to change or eliminate closure at NVTC is expected. • Persons who have moved out in FY13 YTD: CVTC (14), SEVTC (9), Southside (27), SWVTC (6), NVTC (6). • Target for NVTC for FY13=25. NVTC will have budget reductions based on targeted discharges. • Provider development is critical. Start-up funds are not available. Partnership meetings proposed to discuss what will it take to increase number of discharges. 	<p>Send out dates to H. Dix and ID Directors. Include H. Dix in agenda development.</p> <p>Send to M. Diorio for his review</p>	<p>C. Koshatka</p> <p>L. Trumbull</p>	<p>ASAP</p> <p>ASAP</p>
Budget	<ul style="list-style-type: none"> • Dominion Hospital is requesting 8% increase in per diem. • Deaf funding available; 2 CSBs have responded • Estimates for LIPOS funding indicate \$250K in deficit. 	Ask Dominion Hospital to submit their rationale for this increase. Ask about % of indirect costs.	C. Butler	1/25/13
UM Report	<p>LIPOS: 33 admissions in 11/12; average per month for FY12 was 41. Average LOS = 5.8 days; FY12 was 5.4 days. Most admissions went to Mt. Vernon Hospital. 8 PHP admissions YTD. 20 consumers stayed longer than 12 days.</p> <p>NVMHI: 58 admissions in 11/12. 23% TDOs YTD; 23% TDOs in FY12. 21% were insured for 11/12; 22% for FY12. 94% occupancy in 11/12. 29 people on the EBL. 2 ID admissions for 11/12.</p> <p>NVTC/WSH/PGH/CCCA: 2 discharges from NVTC in 11/12; 13</p>			

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UM Report (cont.)	admissions in 11/12 to WSH; 5 admissions YTD to PGH – 5 are ready for discharge; 43 admissions YTD at CCCA – 44 discharged. TDOs: 181 commitment hearings were held in 11/12; FY12 monthly average = 192. 13 clients went out of region in 11/12. Crisis Care: 61 admissions in 11/12; 75% diversion, 23% step-down, 2% NGRI/TDO/CMA YTD. 75% occupancy for 11/12. 41% had a SA diagnosis; 1 client had an ID diagnosis.			
Round Robin	Loudoun CSB: Working on primary and behavior health care integration. Fairfax-Falls Church CSB: State audit is wrapping up today; no surprises. Consultant is reviewing funding for ID consumers; analysis suggests that the county is getting good value for the money provided to vendors; goal is to review whether costs can be decreased. FY14 budget includes 3% reduction. Report sent to Board of Supervisors regarding change process. Arlington CSB: Budget reduction of \$600K will likely result in frozen positions and elimination of two programs. NVTC: Start-up of \$400 for each discharge is available through donated funds. 2 letters will be sent to families: one letter to families with persons who are expected to be discharged this FY, and one letter for families with persons who will be discharged in the next 2 FYs. DBHDS has training on starting a business/group home. GMU has training on behavioral supports. Training available for new communication system for persons with autism. Database warehouse described on website. Medical issues with some discharges; some homes have progressive health care. Alexandria CSB: Budget cut of \$2.3M city wide. Working on reclassification of nurse positions. Brass Tacks recovery forum will be in Roanoke on March 10-12, 2013. Prince William CSB: \$2.1M budget cut county-wide. Discussion about how to make those cuts will occur in January 2013.			

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Adjournment: The meeting was adjourned at 12:00 p.m. The next meeting will be on January 25, 2013, at 9:00 a.m. at Chantilly, Suite 200 Multipurpose Room.

Items for next meeting:

Julie M. Bankhurst

Recorder

1/25/13

Date

Pam Hart

Chair

1/25/13

Date